

Course Profile - Department of Psychology

Course Number: PSY 480	Course Title: Selected Topics In Psychology Child and Adolescent Mental Health
Required / Elective: Elective	Pre / Co-requisites: PSY340
Catalog Description: The main goal of this course will be to provide students with a framework for understanding and evaluating child and adolescent mental health as well as to introduce the major therapeutic approaches used in the treatment of children and adolescents.	Textbook / Required Material: This course does not have a textbook. Related readings and exercises will be distributed by the instructor throughout the semester.
Course Structure / Schedule: (3+0+0) 3 / 5 ECTS	
Extended Description: <p>This course mainly introduces common mental health problems in childhood and adolescence as well as the psychological intervention methods used by the professionals in the field. Through lectures, readings and case studies from the field of child and adolescent mental health, the course will explore this particular area of psychology and provide the students with a framework for understanding the emergence, maintenance and treatment of some of the common mental health challenges which arise during childhood and adolescence.</p> <p>The door of the class will be closed 10 minutes after the class has started. If the door is closed, it means that the class has started. In this case, STUDENTS ARE EXPECTED NOT TO ENTER and WAIT until the first break.</p> <p>Attendance is required and it will be taken within the first 10 minutes of each slot. Students who miss the first slot will be marked absent for the whole hour.</p> <p>Students must have a legitimate reason for leaving early (before the class ends) and they should inform the instructor in advance.</p> <p>Civil behavior involves being considerate and polite as required by social norms, towards all classmates and the instructor. Ethical behavior involves honorable conduct and refraining from all forms of cheating and plagiarism.</p> <p>Students are expected to turn their cell phones off in the classroom. Using cell phones during class will be cause for dismissal from the classroom, and the student will be marked absent for the whole hour.</p>	
Design content: None	Computer usage: Not required
Course Outcomes: On successful completion of this course, students will be able to: -appreciate the types of psychological challenges that present to child and adolescent psychologists, -learn the role of the professionals working with children and adolescents in various settings,	

-have a critical understanding of the field and learn to conceptualize psychological difficulties as they emerge in children and adolescents,
 -explain different assessment and evaluation methods used with children and adolescents,
 -explore different therapeutic approaches which would be used in the treatment of children and adolescents.

Teaching methods: Lecture with slides, class discussions

Course Outline

Week	Topics
1	Syllabus/Introduction
2	Developmental Stages in Childhood
3	Counseling and Psychotherapy with Children and Adolescents- I (First Stages)
4	Case Formulation
5	Counseling and Psychotherapy with Children and Adolescents- II
6	Case Study
7	MIDTERM
8	Play Therapy with Children
9	Class Discussion
10	Family Systems Approach
11	Cognitive Behavioral Therapy with Children-Case Study
12	Presentations
13	Presentations
14	Presentations
15	MAKE-UP EXAM

Assessment methods:

The overall course performance will be evaluated on the basis of six scores with the following distribution:

- Attendance: 10%
- Class participation and instructor's overall impression: 10%
- Quizzes: 10%
- Presentations: 10% (they will be held during the last two classes)
- Mid-term exam: 25%
- Final exam: 35%

Contribution of Course Learning Outcomes to Program Outcomes

	Program Outcomes	*Level of Contribution
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		1	2	3	4	5
1	Examine different concepts in the sub-areas of psychology.					*
2	Describe and explain the differences between common sense, religion, art, philosophy and science					*
3	Learn about the major schools in psychology's history and the current developments					*
4	Apply analytical and critical thinking skills to selected topics					*
5	Discuss and criticize ethical issues in psychology research					*
6	Describe the procedures and principles of psychological measurement and interview techniques					*
7	Apply the principles and skills of positivistic methodology within a simple empirical study					
8	Design and implement a simple action research and an empowerment program					
9	Analyze the coded data by statistical techniques					
10	Use communication skills in class presentations					*
11	Function effectively in multidisciplinary research teams					
12	Develop respect to interpersonal and cultural diversity					*
13	Develop self awareness					*

Student workload:

Reading	56 hrs
Lectures	33 hrs
Class discussion	5 hrs
Written assignments	25 hrs
Examinations	6 hrs

TOTAL 125 hrs (25x5) 5 ECTS

Course Category:

ISCED General Area Codes	General Ares	ISCED Basic Area Codes	Basic Educational Areas	Percentage
1	Education	14	Teacher Training and Educational Sciences	
2	Humanities and Art	21	Art	
2	Humanities and Art	22	Humanities	

3	Social Sciences, Management and Law	31	Social and Behavioral Sciences	90
3	Social Sciences, Management and Law	32	Journalism and Informatics	
3	Social Sciences, Management and Law	38	Law	
4	Science	42	Life Sciences	
4	Science	44	Natural Sciences	
4	Science	46	Mathematics and Statistics	
4	Science	48	Computer	
5	Engineering, Manufacturing and Civil	52	Engineering	
5	Engineering, Manufacturing and Civil	54	Manufacturing and Processing	
5	Engineering, Manufacturing and Civil	58	Architecture and Structure	
6	Agriculture	62	Agriculture, Forestry, Livestock, Fishery	
6	Agriculture	64	Veterinary	
7	Medicine and Welfare	72	Medical	10
7	Medicine and Welfare	76	Social Services	
8	Service	81	Personal Services	
8	Service	84	Transport Services	
8	Service	85	Environment Protection	
8	Service	86	Security Services	
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